



**Test**  
*your*  
**apple**  
**IQ**

NEW YORK STATE



# HOW do you like them APPLES?

# QUIZ

**1** On average, how many bushels of apples will New York State produce this year?

- a) 1 million
- b) 100 million
- c) 10 million
- d) 25 million

**2** In which area are apples NOT grown in New York State?

- a) Hudson Valley
- b) Western New York
- c) New York City
- d) Champlain Valley

**3** Each year, on average, New York grows how many pounds of apples?

- a) 1,000,000
- b) 1,000,000,000
- c) 10,000,000
- d) 100,000,000

**4** If all the apples grown each year in New York were made into desserts, how many pies could be baked?

- a) 27,586
- b) 333,000,000
- c) 333,000
- d) Depends how big the pies are

**5** How many apple growers are there in New York?

- a) 121
- b) 434
- c) 694
- d) 1,864

**6** How many apple trees are in New York State?

- a) 1,000,000
- b) 10,000,000
- c) 5,872
- d) Too many to count

**7** The most popular variety of New York State Apple is the –

- a) Red Delicious
- b) Empire
- c) Gala
- d) McIntosh

**10** What percentage of New York Apples are sold as fresh fruit?

- a) 81%
- b) 75%
- c) 53%
- d) 26%

**8** New York grows more apples than any other state, except –

- a) Idaho
- b) Michigan
- c) Washington State
- d) Washington, D.C.

**9** Research demonstrates that eating apples can help prevent –

- a) Cancer
- b) Heart disease
- c) Respiratory problems
- d) All of the above

## Answers:

- 1: d
- 2: c
- 3: b
- 4: b, although d would also be acceptable
- 5: c
- 6: b
- 7: d
- 8: c
- 9: d
- 10: a



NEW YORK STATE  
**APPLE**  
**BITES**

*Fun, Fascinating Facts About  
 New York State Apples*

**New York produces 25,000,000 bushels of apples each year, on average.**

- **53%** of these are sold as fresh fruit; of these 13,250,000 bushels:
  - 5% are sold at roadside farm markets
  - 10% are exported to other countries
  - 85% are sold at supermarkets, food service and military outlets
- **47%** are sold for processing; of these 11,750,000 bushels:
  - 38% are processed into juice and cider
  - 47% become sauces, slices and pie fillings
  - 10% will be frozen slices
  - 5% get processed into vinegar, jelly, apple butter and other products

**There are five major apple-growing regions of New York:**

- **Western New York**, including Niagara, Orleans and Monroe Counties
- **Lake Country**, consisting of Wayne and Ontario Counties
- **Central New York's** Cayuga County, Onondaga County and Oswego County
- **Champlain Valley**: Clinton County
- **Hudson Valley**: Columbia, Dutchess, Orange and Ulster Counties

**New York produces 3,125,000,000 apples each year**

• **That's over one billion pounds!**

Those apples could make one billion gallons of apple cider, or 333,000,000 apple pies!

**New York's 694 family apple farms create 10,000 agricultural jobs, plus –**

- 7,500 jobs in handling, distribution and marketing
- Thousands of other jobs from financial services to apple processing

**More than 10,000,000 apple trees in New York State cover 45,000+ acres**

**The five most popular New York State Apple varieties are –**

- 1) McIntosh 2) Empire 3) Red Delicious
- 4) Cortland 5) Crispin

**Only Washington State grows more apples than New York**

**Apples deliver proven health benefits**

- Studies at Cornell University and other institutions demonstrate –
  - Apples can help reduce the risks of developing digestive, prostate, colon, liver and lung cancer
  - The fiber in apples may reduce your risk of dying from lung cancer and protect against cardiovascular disease
  - Eating apples may reduce chronic coughs and other respiratory symptoms



# Learn More

About New York State Apples

For more fun facts, health information, recipes and more about apples, visit our Web site at [www.nyapplecountry.com](http://www.nyapplecountry.com).



[WWW.NYAPPLECOUNTRY.COM](http://WWW.NYAPPLECOUNTRY.COM)